

Getting Ready for LASIK

- Fill the prescription for Restasis. Begin using the Restasis two times daily in both eyes one week prior to your procedure.
- Fill the prescription for Vigamox. Begin using the Vigamox three times a day in both eyes three days prior to your procedure.
- Begin using the sample of Omnipred three times daily in both eyes three days prior to your procedure.
- Avoid taking aspirin or ibuprofen two days prior to your surgery day. Take all other medications as usual.
- Contact Clariti with any health changes such as a fever, cough, or a cold. Report any eye infections, redness, or vision changes prior to your surgery day.
- Do not wear contact lenses.
- Eat a light lunch the day of your procedure, as you will be given Valium.
- Limit jewelry to a wedding band. Personal belongings will need to be left with family members.
- The laser is highly sensitive to scents. Do not use colognes, hairsprays or gels, scented deodorants, or powders the day of surgery.
- Please refrain from wearing eye make up on your procedure day. It is important that the eyelids and lashes be as clean as possible.
- You must have someone with you on your procedure day to drive you home.
- Your surgery arrival time is _____ @ _____ am/pm with _____.
- Your one day post operative appointment is _____ @ _____ am/pm with _____.
- Your one week post operative appointment is _____ @ _____ am/pm with _____.
- Your one month post operative appointment is _____ @ _____ am/pm with _____.